

Reflections

Elemis Day Spa

Are pleased to offer a brand new range of treatments from Gerard's, an Italian luxury Skincare and Spa Treatments Company positioned at the most prestigious end of the international Spa Market. Gerard's ethos is based on natural skincare with professional wellness treatments derived from marine and vegetable origin combined with innovative technologies.



NEW

Bamboo Massage

60mins

Bamboo Massage is a highly effective lymph drainage massage that helps to drain excess fluid from the body and detoxify. The benefit from this treatment also includes; stress relief, muscle strengthening and increased circulation. The Massage techniques use silky bamboo canes, specific rolling and unique massage movements unlike any other massage you have experienced before and the Bamboo Bio-extract oil leaves the skin nourished and restored

£60

NEW

Shea Bliss

60mins

This luxurious body treatment using 100% Shea Butter, Vitamin E and Essential Oils is a full body massage with exfoliation. This ultimate anti-ageing body treatment leaves the skin ultra hydrated, toned and silky soft

£60

NEW

Chocolate Therapy

60mins

This mouth-watering pampering for the body uses Dead Sea Salts, Essential oils and warm 100% Cocoa Butter to gently scrub and massage the body. It is an unforgettable, guilt free experience that leaves the skin hydrated, re-mineralised and smelling gorgeous

£60

NEW

Green Clay Back

45mins

Upgrade your usual back massage with a soothing and detoxifying Green Clay back mask treatment. Natural Green Clay eliminates dead skin cells, enriches tissues with minerals, stimulates circulation and heals inflamed skin. All this with a wonderful muscle releasing massage; you will never look back

£40



Reflections Elemis Day Spa

Open 7 days a week

Saturday, Sunday & Monday 9am - 5pm

Tuesday & Friday 9am - 7pm

Wednesday & Thursday 9am - 8pm

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NEW

Lava Shell Massage

This revolutionary treatment from the tropics uses Clam shells which hold a self heating blend of Natural Minerals, Algae and dried Sea Kelp. The polished shells glide smoothly over the body to instantly relax the muscles while deep tissue movements work on breaking down deep tension spots which block the flow of energy.

Full Body	60mins	£60
Back & Abdomen	45mins	£34.50
Back	30mins	£28



Gift Vouchers Available

For the perfect present, why not give a gift voucher. Available all year round, ask at the Spa Reception for more details. Vouchers valid for 6 months

Book & pay for any treatment more than 7 days in advance and receive...

30% Off

the brochure price*
non refundable

01590 648339

Available Monday-Thursday
*Terms & Conditions Apply

